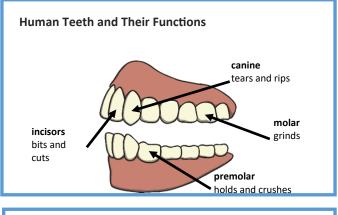
Year 4

Our Body

Spring Term

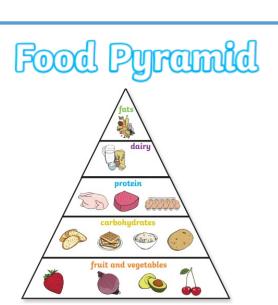


Investigate causes of tooth decay using fair testing and observation.

To help prevent tooth decay:

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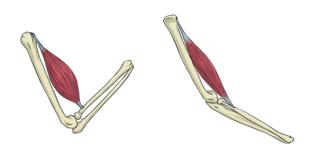
- limit sugary food and drink; ٠
- brush teeth twice daily using a fluoride toothpaste;
- visit your dentist regularly.



Skeletons do three important jobs:

- protect organs inside the body;
- allow movement;
- support the body

Skeletal muscles work in pairs to move thebones they are attached to by taking turns to contract (get shorter) and relax (get longer).



Key vocabulary of the digestive system A muscular tube which moves food from the mouth to Oesophagus the stomach. Stomach An organ in the digestive system where food is broken down with stomach acid and by being churned around. Small intestine Part of the intestine where nutrients are absorbed into the body. Large intestine Part of the intestine where water is absorbed from remaining waste food. Poos are formed in the large intestine.

Characteristics of living things and what they are: movement, respiration, sensitivity, nutrition, excretion, reproduction, growth

Living things need food to grow and to be strong and healthy.

Plants can make their own food, but animals cannot.

To stay **healthy**, humans need to exercise, eat a **healthy** diet and be hygienic.

Animals, including humans, need **food**, water and air to stay alive.

